



# Thames Riverside 20 (Race or Pace)

Sunday 5th March 2017 Final Results

Finish Position	Race Number	Gun Time (hh:mm:ss)	Pace Group Start Adj. (hh:mm:ss)	Pace Group Adjusted Run Time (hh:mm:ss)	Forename	Surname	Gender	Club	Pace Group
1	28	01:54:09		01:54:09	Daniel	Steel	Male	woodford green ac with essex ladies	Sub 07.00 min/miles
2	39	01:56:20		01:56:20	Jake	Waldron	Male	Ranelagh Harriers	Sub 07.00 min/miles
3	12	02:03:47		02:03:47	Johnny	Suttle	Male	queen's park harriers	Sub 07.00 min/miles
4	402	02:06:21		02:06:21	Gareth	Parr	Male	South London Harriers	Sub 07.00 min/miles
5	41	02:07:02		02:07:02	Ben	Rajan	Male		Sub 07.00 min/miles
6	408	02:07:23		02:07:23	Stuart	Macdougall	Male	Fulham Running Club	Sub 07.00 min/miles
7	3	02:08:03		02:08:03	Peter	Woodhead	Male	Clapham Chasers	Sub 07.00 min/miles
8	29	02:08:40		02:08:40	Sam	O'connell	Male	kent ac	Sub 07.00 min/miles
9	9	02:09:12		02:09:12	KIRIT	PATEL	Male	London Fronrunners	Sub 07.00 min/miles
10	43	02:09:25		02:09:25	Kevin	Berg	Male		Sub 07.00 min/miles
11	1	02:09:47		02:09:47	Martin	Rutter	Male	Clapham Chasers	Sub 07.00 min/miles
12	411	02:11:11	00:02:00	02:09:11	Nicholas	Thomas	Male	Fulham Running Club	07.00 min/miles
13	32	02:12:00		02:12:00	Danny	White	Male	Lordshill road runners	Sub 07.00 min/miles
14	6	02:12:27		02:12:27	Tom	Darby	Male		Sub 07.00 min/miles
15	25	02:12:29		02:12:29	Chris	Davidson	Male	Elmbridge RRC	Sub 07.00 min/miles
16	5	02:12:33		02:12:33	Jeremy	Agnew	Male		Sub 07.00 min/miles
17	24	02:12:59	00:04:00	02:08:59	Russell	Beard	Male	Clapham Chasers	07.30 min/miles
18	51	02:13:08	00:02:00	02:11:08	Rob	Harkness	Male	Windle Valley Runners	07.00 min/miles
19	46	02:13:10	00:02:00	02:11:10	Rose	Penfold	Female	Fulham Running Club	07.00 min/miles
20	44	02:13:43		02:13:43	Ed	Green	Male		Sub 07.00 min/miles
21	19	02:13:55		02:13:55	Stewart	Curtis	Male	BBC Running Club	Sub 07.00 min/miles
22	15	02:14:37		02:14:37	Edward	Darby	Male		Sub 07.00 min/miles
23	16	02:14:58	00:02:00	02:12:58	Paul	Quilter	Male	Fulham Running Club	07.00 min/miles
24	27	02:16:41		02:16:41	John	Mehrزد	Male	Mornington Chasers	Sub 07.00 min/miles
25	33	02:17:49		02:17:49	Jack	Hambleton	Male	Clapham Chasers	Sub 07.00 min/miles
26	42	02:18:10		02:18:10	Anthony	Whelan	Male	26.2 RRC	Sub 07.00 min/miles
27	52	02:18:36	00:02:00	02:16:36	Phil	Jelly	Male	Windle Valley Runners	07.00 min/miles
28	40	02:18:47		02:18:47	Darren	Tanner	Male	Clapham Chasers RC	Sub 07.00 min/miles
29	56	02:19:21	00:02:00	02:17:21	Adam	May	Male	Hercules Wimbledon AC	07.00 min/miles
30	63	02:19:24	00:02:00	02:17:24	Fergus	Johnson	Male	Egdon Heath Harriers	07.00 min/miles
31	62	02:19:26	00:02:00	02:17:26	Michael	Smith	Male	orpington road runners	07.00 min/miles
32	20	02:20:25		02:20:25	Lee	Pearce	Female	South London Harriers	Sub 07.00 min/miles
33	55	02:20:25	00:02:00	02:18:25	Anthony	Pakrosnis	Male	BBC Running Club	07.00 min/miles
34	8	02:20:26		02:20:26	Simon	Danciger	Male	Wimbledon Windmilers	Sub 07.00 min/miles
35	50	02:20:46	00:02:00	02:18:46	John	Foss	Male	South London Harriers	07.00 min/miles
36	4	02:21:31	00:02:00	02:19:31	Jonathan	Beatty	Male	kent ac	07.00 min/miles
37	P	02:21:41	00:02:00	02:19:41	#N/A	#N/A	#N/A	#N/A	#N/A
38	P	02:21:44	00:02:00	02:19:44	#N/A	#N/A	#N/A	#N/A	#N/A
39	74	02:23:29	00:04:00	02:19:29	Josh	Ord-Hume	Male	Barnes Runners	07.30 min/miles
40	31	02:23:36		02:23:36	Ben	Draper	Male		Sub 07.00 min/miles
41	72	02:23:41	00:02:00	02:21:41	Emilie	Isaacs	Female	Serpentine	07.00 min/miles
42	71	02:23:43	00:04:00	02:19:43	Andrew	Davies	Male	hercules wimbledon ac	07.30 min/miles
43	66	02:23:51	00:02:00	02:21:51	James	Rous	Male	Achilles AC	07.00 min/miles
44	2	02:23:57		02:23:57	Michael	Wiggins	Male		Sub 07.00 min/miles
45	67	02:24:34	00:02:00	02:22:34	Adrian	Brookes	Male	Woking AC	07.00 min/miles
46	18	02:24:38	00:06:00	02:18:38	Dean	Morley	Male	Serpentine	07.30 min/miles
47	70	02:25:16	00:02:00	02:23:16	Rob	Jones	Male		07.00 min/miles
48	10	02:25:45		02:25:45	Michael	Swarbrick	Male		Sub 07.00 min/miles
49	22	02:25:46	00:04:00	02:21:46	Ryan	McCrickerd	Male	Serpentine	07.30 min/miles
50	128	02:26:01	00:04:00	02:22:01	Caroline	Kelly	Female	London City Athletics Club	07.30 min/miles
51	89	02:26:01	00:04:00	02:22:01	Chris	Barnett	Male	JDRF Hawks	07.30 min/miles
52	35	02:26:37		02:26:37	Leo	Palazzuoli	Male	Fulham Running Club	Sub 07.00 min/miles
53	112	02:26:57	00:04:00	02:22:57	James	Coleman	Male	Fulham Running Club	07.30 min/miles
54	190	02:27:03	00:08:00	02:19:03	Sam	O'Shea	Male		08.00 min/miles
55	69	02:27:23	00:02:00	02:25:23	Simon	Viney	Male		07.00 min/miles
56	65	02:28:02	00:02:00	02:26:02	Dan	Little	Male	Ranelagh Harriers	07.00 min/miles
57	11	02:28:27		02:28:27	Stuart	Lorberg	Male	NA	Sub 07.00 min/miles
58	94	02:28:37	00:04:00	02:24:37	Nicholas	Stallman	Male	Queens Park Harriers	07.30 min/miles
59	57	02:28:37	00:04:00	02:24:37	Gildas	Braine	Male	queen's park harriers	07.30 min/miles
60	86	02:29:27	00:04:00	02:25:27	Mark	Wingham	Male	Sutton runners	07.30 min/miles
61	73	02:29:31	00:04:00	02:25:31	Bryan	Park	Male	Sutton Runners	07.30 min/miles
62	53	02:29:43	00:02:00	02:27:43	Chris	Peskett	Male	Barnes Runners	07.00 min/miles
63	23	02:29:47		02:29:47	Derek	Green	Male	Clapham PiONEERS	Sub 07.00 min/miles
64	104	02:29:53	00:04:00	02:25:53	Nick	Hayes	Male	Clapham Chasers	07.30 min/miles
65	21	02:30:06		02:30:06	Eduard	Egelie	Male	Belgrave Harriers	Sub 07.00 min/miles
66	61	02:30:14	00:02:00	02:28:14	Chris	Cooper	Male	Fulham Running Club	07.00 min/miles
67	58	02:31:03	00:02:00	02:29:03	Graham	Sutherland	Male	Clapham Chasers	07.00 min/miles
68	114	02:32:05	00:04:00	02:28:05	Sharon	Templeman	Female		07.30 min/miles
69	121	02:33:34	00:06:00	02:27:34	Richard	Dobson	Male	Richard Dobson	07.30 min/miles
70	59	02:33:35	00:04:00	02:29:35	Stewart	Bond	Male	Hercules Wimbledon AC	07.30 min/miles
71	84	02:33:37	00:06:00	02:27:37	Ange	Norris	Female	Dulwich runners	07.30 min/miles
72	123	02:33:45	00:06:00	02:27:45	Emma Jane	Montiel	Female	City of Portsmouth Athletic Club	07.30 min/miles
73	95	02:33:49	00:06:00	02:27:49	Geoff	Tookey	Male	26.2 RRC	07.30 min/miles
74	105	02:33:51	00:06:00	02:27:51	Bill	Arnold	Male	South London Harriers	07.30 min/miles
75	113	02:34:13	00:04:00	02:30:13	Julian	Diamond	Male		07.30 min/miles
76	P	02:34:27	00:04:00	02:30:27	#N/A	#N/A	#N/A	#N/A	#N/A



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Sunday 5th March 2017 Final Results

Finish Position	Race Number	Gun Time (hh:mm:ss)	Pace Group Start Adj. (hh:mm:ss)	Pace Group Adjusted Run Time (hh:mm:ss)	Forename	Surname	Gender	Club	Pace Group
77	81	02:34:35	00:06:00	02:28:35	Jack	Dufton	Male	Runnymede Runners	07.30 min/miles
78	158	02:34:56	00:10:00	02:24:56	Mark	Hattley	Male	orpington road runners	08.00 min/miles
79	120	02:35:01	00:04:00	02:31:01	Nick	Rowe	Male	the stragglers rc	07.30 min/miles
80	83	02:35:06	00:06:00	02:29:06	Phil	Ribbins	Male	Windle Valley Runners	07.30 min/miles
81	103	02:35:07	00:06:00	02:29:07	Matthew	O'brien	Male		07.30 min/miles
82	116	02:35:14	00:04:00	02:31:14	Justin	Gilmore	Male		07.30 min/miles
83	P	02:35:16	00:06:00	02:29:16	#N/A	#N/A	#N/A	#N/A	#N/A
84	P	02:35:16	00:06:00	02:29:16	#N/A	#N/A	#N/A	#N/A	#N/A
85	68	02:35:27	00:04:00	02:31:27	Hayley	Manning	Female	Clapham Chasers	07.30 min/miles
86	197	02:36:43	00:08:00	02:28:43	Victoria	Haslam	Male	26.2 RRC	08.00 min/miles
87	92	02:36:58	00:06:00	02:30:58	Paul	Barnes	Male		07.30 min/miles
88	64	02:37:00	00:02:00	02:35:00	Jane	Cardwell	Female		07.00 min/miles
89	26	02:37:31		02:37:31	Neil	Scammell	Male	BBC Running Club	Sub 07.00 min/miles
90	17	02:37:31		02:37:31	Brian	Lynch	Male	BBC Running Club	Sub 07.00 min/miles
91	91	02:37:40	00:06:00	02:31:40	Andrew	Brenen	Male	Sutton runners	07.30 min/miles
92	111	02:37:41	00:06:00	02:31:41	Philippa	Cates	Female		07.30 min/miles
93	47	02:37:41	00:06:00	02:31:41	Kevin	Couchman	Male	ful-on tri	07.30 min/miles
94	253	02:37:46	00:12:00	02:25:46	Jack	Wilkinson	Male		08.30 min/miles
95	88	02:39:33	00:08:00	02:31:33	Natalie	Ruffell	Female	Clapham Chasers	08.00 min/miles
96	187	02:39:33	00:08:00	02:31:33	Ruth	Gloster	Female	Clapham Chasers	08.00 min/miles
97	75	02:39:39	00:04:00	02:35:39	Gary	Rushmer	Male	British Airways Athletics Club	07.30 min/miles
98	109	02:40:12	00:04:00	02:36:12	Callum	Kelas	Male		07.30 min/miles
99	97	02:40:30	00:06:00	02:34:30	Emma	Humphrey	Female	datchet dashers	07.30 min/miles
100	171	02:40:50	00:08:00	02:32:50	James	Linney	Male	Ealing Eagles Running Club	08.00 min/miles
101	102	02:40:53	00:04:00	02:36:53	Hedley	Humphrey	Male	South London Harriers	07.30 min/miles
102	100	02:41:00	00:06:00	02:35:00	Peter	Hansen	Male	Windle Valley Runners	07.30 min/miles
103	173	02:42:42	00:08:00	02:34:42	Gina	Edmonds	Female	Fulham Running Club	08.00 min/miles
104	202	02:42:51	00:08:00	02:34:51	ALEX	JOHNSTON	Male	Queens Park Harriers	08.00 min/miles
105	122	02:43:08	00:06:00	02:37:08	Clare	Meraz	Female	Great Western Runners	07.30 min/miles
106	143	02:43:15	00:08:00	02:35:15	Richard	Gurd	Male	Ranelagh Harriers	08.00 min/miles
107	195	02:43:40	00:08:00	02:35:40	Richard	Peachment	Male	London Heathside Runners	08.00 min/miles
108	117	02:44:25	00:06:00	02:38:25	Mark	Terry	Male		07.30 min/miles
109	54	02:44:51	00:06:00	02:38:51	Marie	Synnot-Wells	Female	Ranelagh Harriers	07.30 min/miles
110	251	02:44:55	00:08:00	02:36:55	Will	Ayrton	Male		08.00 min/miles
111	260	02:45:12	00:08:00	02:37:12	James	Wynne-Griffith	Male		08.00 min/miles
112	145	02:45:25	00:08:00	02:37:25	Simon	Best	Male	South London Harriers	08.00 min/miles
113	414	02:45:30	00:10:00	02:35:30	Nathaniel	Hicks	Male	Fulham Running Club	08.00 min/miles
114	144	02:45:43	00:08:00	02:37:43	Kelly	Page	Male	Serpentine	08.00 min/miles
115	101	02:45:51	00:06:00	02:39:51	Mark	Lambert	Male	Windle Valley Runners	07.30 min/miles
116	124	02:46:49	00:10:00	02:36:49	Eoghan	Gill	Male		08.00 min/miles
117	182	02:46:32	00:08:00	02:38:32	Ruth	Brandon	Female	Holme Pierrepont Running club	08.00 min/miles
118	262	02:46:36	00:08:00	02:38:36	Rory	Desmond	Male		08.00 min/miles
119	201	02:47:10	00:10:00	02:37:10	Chris	Woods	Male	Serpentine	08.00 min/miles
120	136	02:47:22	00:08:00	02:39:22	Danny	Fitzsimons	Male	Orion Harriers	08.00 min/miles
121	85	02:47:28	00:08:00	02:39:28	Stephen	Clancey	Male	South London Harriers	08.00 min/miles
122	181	02:47:30	00:08:00	02:39:30	Ann	Gould	Female	Holme Pierrepont Running club	08.00 min/miles
123	153	02:47:33	00:08:00	02:39:33	Mike	Field	Male		08.00 min/miles
124	P	02:47:35	00:08:00	02:39:35	#N/A	#N/A	#N/A	#N/A	#N/A
125	188	02:47:50	00:08:00	02:39:50	Satu	Hietanen	Female	London Heathside	08.00 min/miles
126	186	02:47:51	00:08:00	02:39:51	Nicholas	de Sausmarez	Male	London Heathside	08.00 min/miles
127	258	02:47:58	00:08:00	02:39:58	Anita	Hedges	Female	Sutton runners	08.00 min/miles
128	115	02:48:03	00:08:00	02:40:03	Claire	Robb	Female	Clapham Chasers	08.00 min/miles
129	98	02:48:06	00:02:00	02:46:06	Tom	Temple	Male	Salford harriers & ac	07.30 min/miles
130	236	02:48:23	00:12:00	02:36:23	Sophia	de Rivaz	Female	Serpentine	08.30 min/miles
131	231	02:48:23	00:12:00	02:36:23	Lavinia	Singer	Female	Serpentine	08.30 min/miles
132	404	02:48:34	00:08:00	02:40:34	Daniel	Watkins	Male		08.00 min/miles
133	162	02:48:38	00:08:00	02:40:38	Joshua	Watkins	Male	Windle Valley Runners	08.00 min/miles
134	137	02:48:43	00:08:00	02:40:43	Pippa	Major	Female	South London Harriers	08.00 min/miles
135	108	02:48:49	00:10:00	02:38:49	Jo	Ross	Male		08.00 min/miles
136	141	02:48:54	00:10:00	02:38:54	Marcus	Courage	Male		08.00 min/miles
137	149	02:49:08	00:10:00	02:39:08	Andy	Coster	Male	orpington road runners	08.00 min/miles
138	183	02:49:26	00:08:00	02:41:26	Jasper	Welch	Male	Clapham Chasers	08.00 min/miles
139	134	02:49:37	00:10:00	02:39:37	Gary	Forde	Male	hercules wimbledon ac	08.00 min/miles
140	126	02:49:46	00:08:00	02:41:46	Sam	Wookie	Male	Clapham Chasers	08.00 min/miles
141	P	02:49:47	00:10:00	02:39:47	#N/A	#N/A	#N/A	#N/A	#N/A
142	P	02:50:08	00:10:00	02:40:08	#N/A	#N/A	#N/A	#N/A	#N/A
143	148	02:50:13	00:08:00	02:42:13	Dominic	Duroux	Male	Ealing Eagles Running Club	08.00 min/miles
144	142	02:51:04	00:08:00	02:43:04	Steve	Evans	Male		08.00 min/miles
145	167	02:51:23	00:10:00	02:41:23	Frank	Wood	Male	hercules wimbledon ac	08.00 min/miles
146	194	02:52:09	00:10:00	02:42:09	Alice	Milne	Female		08.00 min/miles
147	125	02:52:14	00:10:00	02:42:14	Ashley	Clayden	Male		08.00 min/miles
148	301	02:53:08	00:18:00	02:35:08	Tabtha	Warley	Female		09.00 min miles
149	163	02:53:21	00:08:00	02:45:21	Charlotte	Johnson	Female	Ealing Eagles Running Club	08.00 min/miles
150	403	02:53:21	00:10:00	02:43:21	James	Jurkiewicz	Male		08.00 min/miles
151	138	02:53:26	00:10:00	02:43:26	Paul	Mills	Male	hercules wimbledon ac	08.00 min/miles
152	77	02:53:41	00:06:00	02:47:41	Nathalie	Juchau	Female	Met police	07.30 min/miles



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153	205	02:54:34	00:10:00	02:44:34	Justin	BATEMAN	Male	Fulham Running Club	08.00 min/miles
154	159	02:54:41	00:08:00	02:46:41	Patricia	Greer	Female		08.00 min/miles
155	172	02:54:45	00:10:00	02:44:45	Ian	Cox	Male	bracknell forest runners	08.00 min/miles
156	151	02:57:04	00:10:00	02:47:04	Gary	Robinson	Male	west 4 harriers	08.00 min/miles
157	96	02:57:31	00:14:00	02:43:31	Jonathan	Walsh	Male		08.30 min/miles
158	169	02:57:53	00:08:00	02:49:53	ADRIAN	WHATMORE	Male	Windle Valley Runners	08.00 min/miles
159	177	02:57:59	00:12:00	02:45:59	Gemma	Taylor	Female	Clapham Chasers	08.30 min/miles
160	407	02:58:12	00:10:00	02:48:12	Bradley	Jeffery	Male	orpington road runners	08.00 min/miles
161	79	02:58:15	00:08:00	02:50:15	Gerard	Longworth	Male		08.00 min/miles
162	266	02:58:44	00:12:00	02:46:44	Nigel	Jackson	Male	bracknell forest runners	08.30 min/miles
163	224	02:59:15	00:12:00	02:47:15	Rebecca	Lister	Female	Fulham Running Club	08.30 min/miles
164	243	02:59:41	00:12:00	02:47:41	Michelle	Tanner	Female	Ealing Eagles Running Club	08.30 min/miles
165	228	03:00:21	00:12:00	02:48:21	Nicholas	Page	Male		08.30 min/miles
166	399	03:00:39	00:12:00	02:48:39	Robert	Selway	Male		08.30 min/miles
167	204	03:00:39	00:12:00	02:48:39	Barney	Greenish	Male		08.30 min/miles
168	152	03:00:56	00:12:00	02:48:56	Michele	Chung	Female		08.30 min/miles
169	189	03:01:06	00:12:00	02:49:06	Marie	Fall	Female	Clapham Chasers	08.30 min/miles
170	255	03:01:16	00:12:00	02:49:16	Huw	Morris	Male		08.30 min/miles
171	244	03:01:20	00:12:00	02:49:20	Daniel	Louw	Male		08.30 min/miles
172	87	03:01:36	00:12:00	02:49:36	Emma	Willing	Female	Clapham Chasers	08.30 min/miles
173	154	03:01:41	00:14:00	02:47:41	SHUN-LAI	CHAN	Female	collingwood ac	08.30 min/miles
174	199	03:01:57	00:12:00	02:49:57	Ana	Gomez	Female	Serpentine	08.30 min/miles
175	242	03:01:59	00:12:00	02:49:59	James	Lush	Male	London City Athletics Club	08.30 min/miles
176	P	03:01:59	00:12:00	02:49:59	#N/A	#N/A	#N/A	#N/A	#N/A
177	P	03:02:02	00:12:00	02:50:02	#N/A	#N/A	#N/A	#N/A	#N/A
178	139	03:02:41	00:14:00	02:48:41	Glenn	Matthews	Male	Ealing Eagles Running Club	08.30 min/miles
179	248	03:03:03	00:14:00	02:49:03	Joanna	Braine	Female	Queen's Park Harriers	08.30 min/miles
180	131	03:03:13	00:08:00	02:55:13	Michelle	Verbosche	Female	Ealing Eagles Running Club	08.00 min/miles
181	230	03:03:14	00:14:00	02:49:14	Toby	Holman	Male		08.30 min/miles
182	161	03:03:35	00:14:00	02:49:35	John	Kenny	Male	Ealing Eagles Running Club	08.30 min/miles
183	164	03:03:39	00:14:00	02:49:39	Cara	Russell	Female	serpentine running club	08.30 min/miles
184	285	03:03:41	00:14:00	02:49:41	Lucy	Rigg	Female	Ealing Eagles Running Club	08.30 min/miles
185	259	03:03:45	00:14:00	02:49:45	Katie	Wills	Female	South London Harriers	08.30 min/miles
186	P	03:03:47	00:14:00	02:49:47	#N/A	#N/A	#N/A	#N/A	#N/A
187	P	03:04:19	00:14:00	02:50:19	#N/A	#N/A	#N/A	#N/A	#N/A
188	49	03:04:24	00:02:00	03:02:24	Stephen	Vincent	Male	South London Harriers	07.00 min/miles
189	178	03:04:40	00:18:00	02:46:40	Richard	Hewson	Male	Elmbridge Road Runners	09.00 min/miles
190	247	03:04:46	00:14:00	02:50:46	Jo	Tillman	Female	London City Athletics Club	08.30 min/miles
191	196	03:04:47	00:14:00	02:50:47	Andrew	Firth	Male	London City Athletics Club	08.30 min/miles
192	238	03:04:50	00:14:00	02:50:50	Giles	Gray	Male		08.30 min/miles
193	306	03:04:52	00:14:00	02:50:52	Joanne	Read	Female	Queens Park Harriers	08.30 min miles
194	132	03:05:44	00:08:00	02:57:44	Phillip	Snalune	Male	Wimbledon Windmilers	08.00 min/miles
195	340	03:05:50	00:16:00	02:49:50	Annabel	Ballance	Female		09.00 min/miles
196	341	03:05:58	00:16:00	02:49:58	James	Warren	Male		09.00 min miles
197	147	03:06:18	00:14:00	02:52:18	Peter	Emery	Male	South London Harriers	08.30 min/miles
198	235	03:16:24	00:14:00	03:02:24	Stewart	Day	Male		08.30 min/miles
199	263	03:06:49	00:12:00	02:54:49	Martin	Ibbotson	Male		08.30 min/miles
200	166	03:07:30	00:18:00	02:49:30	Rahim	Mir	Male		09.00 min/miles
201	212	03:08:00	00:12:00	02:56:00	Tessa	Morrison	Female	Dulwich Runners AC	08.30 min/miles
202	200	03:08:13	00:16:00	02:52:13	Lucy	Harris	Female	Witney Road Runners	09.00 min/miles
203	336	03:08:20	00:20:00	02:48:20	Dane	Satterthwaite	Male		09.30 min/miles
204	265	03:09:06	00:14:00	02:55:06	Fabio	Maroni	Male	Clapham Chasers	08.30 min/miles
205	174	03:09:48	00:08:00	03:01:48	John	McCarthy	Male	Thames Valley Harriers	08.00 min/miles
206	135	03:10:03	00:08:00	03:02:03	Sachiko	Dixon	Female	Windle Valley Runners	08.00 min/miles
207	207	03:10:18	00:16:00	02:54:18	Paul	Kilmartin	Male	bracknell forest runners	09.00 min/miles
208	295	03:10:22	00:16:00	02:54:22	Mark	Wye	Male	Windle Valley Runners	09.00 min miles
209	317	03:10:22	00:16:00	02:54:22	Liz	Pepper	Female	Crystal Palace Fun Runners	09.00 min miles
210	191	03:10:34	00:08:00	03:02:34	Mark	Bisson	Male		08.00 min/miles
211	214	03:10:35	00:16:00	02:54:35	Claire	Buky-Webster	Female		09.00 min/miles
212	274	03:10:39	00:18:00	02:52:39	Lisa	Richards	Female	orpington road runners	09.00 min miles
213	299	03:11:30	00:18:00	02:53:30	Victor	Tsui	Male	Sudbury Court Running Club	09.00 min miles
214	323	03:11:45	00:16:00	02:55:45	Jason	Hoad	Male		09.00 min miles
215	213	03:11:48	00:12:00	02:59:48	Kirstie	Tew	Female	Thames Valley Harriers	08.30 min/miles
216	324	03:12:40	00:16:00	02:56:40	Christian	Pohl	Male		09.00 min miles
217	294	03:12:56	00:16:00	02:56:56	Sean	Carey	Male		09.00 min miles
218	227	03:13:38	00:12:00	03:01:38	Neil	Dermott	Female	Brighton & Hove Athletics	08.30 min/miles
219	298	03:14:04	00:18:00	02:56:04	Alban	Millas	Male	Queen's Park Harriers	09.00 min miles
220	176	03:14:06	00:10:00	03:04:06	Gareth	Lewis	Male		08.00 min/miles
221	215	03:14:09	00:16:00	02:58:09	Rhona	Brown	Female		09.00 min/miles
222	283	03:14:51	00:16:00	02:58:51	Katherine	Suttle	Female	stragglers, the	09.00 min miles
223	304	03:14:53	00:18:00	02:56:53	Maria	Medvedieva	Female	London City Athletics Club	09.00 min miles
224	216	03:15:09	00:14:00	03:01:09	Caroline	Helder	Female	Wimbledon Windmilers	08.30 min/miles
225	303	03:15:14	00:16:00	02:59:14	Ben	Low	Male		09.00 min miles
226	318	03:15:19	00:18:00	02:57:19	Helen	Kelsey	Female	Epsom and Ewell Harriers	09.00 min miles
227	233	03:15:26	00:10:00	03:05:26	Jolyon	Parsons	Male	hercules wimbledon ac	08.00 min/miles
228	310	03:15:26	00:16:00	02:59:26	Ashley	Stearn	Male		09.00 min miles



# Thames Riverside 20 (Race or Pace)

Sunday 5th March 2017 Final Results

Finish Position	Race Number	Gun Time (hh:mm:ss)	Pace Group Start Adj. (hh:mm:ss)	Pace Group Adjusted Run Time (hh:mm:ss)	Forename	Surname	Gender	Club	Pace Group
229	P	03:15:31	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
230	P	03:15:31	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
231	282	03:15:31	00:16:00	02:59:31	Kirstie	Norgate	Female	Clapham pioneers	09.00 min miles
232	274	03:15:49	00:18:00	02:57:49	Lisa	Richards	Female	orpington road runners	09.00 min miles
233	278	03:16:02	00:18:00	02:58:02	Natalie	Hall	Female	queen's park harriers	09.00 min miles
234	272	03:16:04	00:18:00	02:58:04	Steve	Rigby	Male	South London Harriers	09.00 min miles
235	232	03:16:09	00:14:00	03:02:09	Jane	Brealey	Female	Marlow Striders	08.30 min/miles
236	P	03:16:16	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
237	P	03:16:16	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A	#N/A
238	314	03:16:31	00:18:00	02:58:31	Michael	Macedo	Male		09.00 min miles
239	223	03:17:08	00:12:00	03:05:08	Michael	Chappell	Male	South London Harriers	08.30 min/miles
240	359	03:17:11	00:20:00	02:57:11	Bhagwandass	Jassi	Male		09.30 min/miles
241	250	03:18:02	00:14:00	03:04:02	Jonathan	Round	Male	London City Athletics Club	08.30 min/miles
242	312	03:18:21	00:16:00	03:02:21	Martin	Oldham	Male	London Frontrunners	09.00 min miles
243	320	03:18:31	00:14:00	03:04:31	Patrick	Horne	Male		08.30 min/miles
244	363	03:18:31	00:14:00	03:04:31	Hayden	Brenen	Male		10.00 min/miles
245	329	03:19:26	00:20:00	02:59:26	Angela	Wilson	Female	South London Harriers	09.30 min/miles
246	349	03:19:58	00:16:00	03:03:58	Emily	Osborn	Female	Clapham pioneers	09.00 min/miles
247	410	03:20:15	00:20:00	03:00:15	Stuart	Robinson	Male		09.30 min miles
248	296	03:20:39	00:18:00	03:02:39	Rebecca	Phillips	Female	Runnymede Runners	09.00 min miles
249	234	03:21:22	00:18:00	03:03:22	Thomas	Wright	Male	Runnymede Runners	09.00 min/miles
250	237	03:21:52	00:16:00	03:05:52	Andrew	Krousti	Male	Windle Valley Runners	09.00 min/miles
251	316	03:21:55	00:16:00	03:05:55	Chris	Horrigan	Male	Wimbledon Windmilers	09.00 min miles
252	221	03:21:55	00:16:00	03:05:55	Danny	Levy	Male	queen's park harriers	09.00 min/miles
253	387	03:22:40	00:20:00	03:02:40	Victoria	Harrison-Cook	Female		09.30 min miles
254	344	03:23:19	00:18:00	03:05:19	David	Heathcote	Male	Sudbury Court Running Club	09.00 min miles
255	291	03:24:16	00:18:00	03:06:16	Heidi	Vickery	Female	Ealing Eagles Running Club	09.00 min miles
256	284	03:24:40	00:16:00	03:08:40	Pam	Clarke	Female	Sutton runners	09.00 min miles
257	335	03:25:14	00:20:00	03:05:14	Sarah	Mayo	Female		09.30 min/miles
258	289	03:25:14	00:18:00	03:07:14	Tomoko	KIKUCHI	Female	Fulham Running Club	09.00 min miles
259	343	03:26:00	00:20:00	03:06:00	Stacy	Donworth	Female		09.30 min/miles
260	240	03:26:11	00:18:00	03:08:11	Daniel	Everall	Male	Elmbridge Road Runners	09.00 min/miles
261	184	03:26:28	00:14:00	03:12:28	Tim	Spencer	Male		08.30 min/miles
262	405	03:26:34	00:18:00	03:08:34	Keith	Apps	Male	Runnymede Runners	09.00 min miles
263	313	03:26:43	00:16:00	03:10:43	Laura	Tanner	Female	BearCat	09.00 min miles
264	286	03:28:23	00:18:00	03:10:23	Salvatore	Ercolano	Male	South London Harriers	09.00 min miles
265	360	03:29:18	00:20:00	03:09:18	Alistair	Turner	Male		09.30 min/miles
266	246	03:29:22	00:18:00	03:11:22	Nick	Sutcliffe	Male	London City Athletics Club	09.00 min/miles
267	337	03:29:35	00:20:00	03:09:35	Karen	Reed	Male		09.30 min/miles
268	P	03:29:47	00:20:00	03:09:47	#N/A	#N/A	#N/A	#N/A	#N/A
269	P	03:29:47	00:20:00	03:09:47	#N/A	#N/A	#N/A	#N/A	#N/A
270	315	03:29:48	00:16:00	03:13:48	Lucy	Hoare	Female		09.00 min miles
271	271	03:29:51	00:16:00	03:13:51	Danielle	Howe	Female	queen's park harriers	09.00 min miles
272	369	03:30:03	00:22:00	03:08:03	Alicia	Wise	Female	Runnymede Runners	10.00 min/miles
273	311	03:30:15	00:16:00	03:14:15	Kelly	Kowal	Female		09.00 min miles
274	290	03:30:53	00:16:00	03:14:53	Andrew	Lowdon	Male	Windle Valley Runners	09.00 min miles
275	365	03:30:55	00:22:00	03:08:55	Susan	Kennedy	Female	Queens Park Harriers	10.00 min/miles
276	391	03:31:37	00:20:00	03:11:37	Ryoko	Nakai	Female		09.30 min/miles
277	302	03:31:43	00:20:00	03:11:43	Rafael	Campos	Male	eton manor ac	09.30 min miles
278	209	03:31:54	00:20:00	03:11:54	Richard	Lock	Male		08.30 min/miles
279	400	03:32:01	00:16:00	03:16:01	David	Sutherland	Male	None	09.00 min miles
280	332	03:33:01	00:20:00	03:13:01	Gaby	DRINKWATER	Female	Crystal Palace Fun Runners	09.30 min/miles
281	353	03:33:34	00:20:00	03:13:34	Emily	Warburton-Brown	Female	dulwich runners ac	09.30 min/miles
282	270	03:35:04	00:20:00	03:15:04	Lucy	Lock	Female		09.00 min miles
283	275	03:35:04	00:16:00	03:19:04	Yvette	Burton	Female	Ealing Eagles Running Club	09.00 min miles
284	293	03:37:42	00:18:00	03:19:42	Emma	Jones	Female	orpington road runners	09.00 min miles
285	366	03:38:39	00:22:00	03:16:39	Matthew	Thomas	Male		10.00 min/miles
286	309	03:40:00	00:18:00	03:22:00	Suzanne	Templer	Male		09.00 min miles
287	406	03:40:12	00:20:00	03:20:12	Encsi	Nadas	Female	South London Harriers	09.30 min/miles
288	327	03:40:12	00:20:00	03:20:12	Tim	Cooke	Male	South London Harriers	09.30 min/miles
289	333	03:40:20	00:20:00	03:20:20	Katie	Ling	Female		09.30 min/miles
290	392	03:40:39	00:22:00	03:18:39	Toby	Kent	Male	South London Harriers	10.00 min/miles
291	279	03:41:02	00:18:00	03:23:02	Tricia	Murray	Female	orpington road runners	09.00 min miles
292	277	03:41:02	00:18:00	03:23:02	Keir	Rason	Male	orpington road runners	09.00 min miles
293	300	03:41:10	00:20:00	03:21:10	Jess	Sturgeon	Female		09.30 min miles
294	398	03:41:18	00:22:00	03:19:18	Anthony	Alleyne	Male		10.00 min/miles
295	368	03:41:21	00:22:00	03:19:21	Lauren	Greenberg	Female		10.00 min/miles
296	P	03:41:27	00:22:00	03:19:27	#N/A	#N/A	#N/A	#N/A	#N/A
297	P	03:41:27	00:22:00	03:19:27	#N/A	#N/A	#N/A	#N/A	#N/A
298	351	03:43:43	00:20:00	03:23:43	Nick	Michael	Male	Thames Valley Harriers	09.30 min/miles
299	394	03:43:45	00:22:00	03:21:45	Lorraine	Crighton-Smith	Female		10.00 min/miles
300	252	03:43:48	00:18:00	03:25:48	Alexander	Williamson	Male		09.00 min/miles
301	374	03:43:48	00:22:00	03:21:48	Katie	Ball	Female		10.00 min/miles
302	347	03:43:58	00:20:00	03:23:58	Rachel	Lonergan	Female		09.30 min/miles
303	390	03:46:49	00:22:00	03:24:49	Wendy	Ballard	Female	Sutton runners	10.00 min/miles
304	370	03:46:54	00:22:00	03:24:54	Sally	Bamford	Female	Ranelagh Harriers	10.00 min/miles



## Thames Riverside 20 (Race or Pace)

Sunday 5th March 2017 Final Results

Finish Position	Race Number	Gun Time (hh:mm:ss)	Pace Group Start Adj. (hh:mm:ss)	Pace Group Adjusted Run Time (hh:mm:ss)	Forename	Surname	Gender	Club	Pace Group
305	372	03:50:31	00:22:00	03:28:31	Colette	Doran	Female	Ranelagh Harriers	10.00 min/miles
306	386	03:52:02	00:22:00	03:30:02	Nicola	Englishby	Female	Queens Park Harriers	10.00 min/miles
307	397	03:53:15	00:22:00	03:31:15	Karen	Rogers	Female	Sutton runners	10.00 min/miles
308	395	03:54:37	00:22:00	03:32:37	Karen	Wu	Female	sweatshop running community	10.00 min/miles
309	345	03:54:39	00:20:00	03:34:39	Ania	Rudawska	Female	Thames Valley Harriers	09.30 min/miles
310	367	03:59:59	00:22:00	03:37:59	Patricia	Howard	Female	South London Harriers	10.00 min/miles
311	346	04:06:24	00:20:00	03:46:24	Rizwan	Rauf	Male	Thames Valley Harriers	09.30 min/miles
312	377	04:08:02	00:22:00	03:46:02	Debbie	Keenan	Female	Ealing Eagles Running Club	10.00 min/miles
313	308	04:08:34	00:18:00	03:50:34	Philippa-Louise	Jay	Female		09.00 min miles
314	378	04:11:16	00:22:00	03:49:16	Isobel	Swarc	Female	Ealing Eagles Running Club	10.00 min/miles
315	383	04:15:04	00:22:00	03:53:04	Rachael	Clifford	Female		10.00 min/miles
316	409	04:17:13	00:22:00	03:55:13	Katie	Chamberlayne	Female		10.00 min/miles
317	389	04:18:14	00:22:00	03:56:14	Yvonne	Turner	Female		10.00 min/miles
318	338	04:18:27	00:20:00	03:58:27	Emma	Kerwin	Female	Clapham pioneers	09.30 min/miles
319	376	04:18:27	00:22:00	03:56:27	Katy	Hubbard	Female		10.00 min/miles
320	381	04:20:20	00:22:00	03:58:20	Jasvir Singh	Modaher	Male	British Airways Athletics Club	10.00 min/miles